



Vol. 7: Post Implant Care

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Tips for Recovery

Dental implants are a great solution for replacing missing teeth and providing a long lasting, natural look. With this being said, the journey does not end once the implant has been placed. Post procedure care is an extremely important part of ensuring your new teeth heal correctly and remain healthy moving forward. In this blog post we will cover some of the key tips to help you best care for your implants.



Doctor Recommended Instructions

These guidelines will not only help you to understand the healing process more in depth, but also outline key instructions regarding medications, activity limitations and dietary restrictions that may accompany the procedure.

- Resting is very important, slow movements and head elevation will help with symptoms
- Ice and ice packs can help minimize swelling and help with comfort
- Mouth Care is important after the procedure, follow all doctor provided instructions
- Eating soft fluid and drinking lots of fluids will help protect the implants and surrounding tissue
- Swelling, discomfort, and bruising may occur, both are part of the healing process
- We highly recommend refraining from smoking, as it can increase discomfort and add extra risks for infection and bleeding around the surgical site